

Health Information Session For Seniors

**Come join us for a Q&A style
information session for seniors with
our Occupational Therapist.**

Topics could include:

- help navigating the health system
 - finding assistance programs
- resources to help with aging at home



Wednesday, November 29, 2017

1:00 pm – 4:00 pm

Bruderheim Fire Hall, 4920 49 Ave., Bruderheim

Come ready with your questions!